

## Huntington Drug & Alcohol Counseling/Education Center

# Treatment Services



## Professional Services for the Huntington Community.

**423 Park Avenue**

**Huntington, NY 11743**

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*The Huntington Drug & Alcohol  
Counseling /Education Center is a  
program of the Huntington Youth Bureau  
Youth Development Research Institute,  
Inc. Funded by: NYS Office of Alcohol  
and Substance Abuse Services, Suffolk  
County, and the Town of Huntington.*

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Huntington, NY, 11743

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<http://town.huntington.ny.us>

## **Our Mission:** *To provide comprehensive prevention, education, and treatment services to youth and adults.*

The Huntington Drug & Alcohol Counseling Center is a state licensed, outpatient chemical dependency treatment prevention provider. We are a private, not-for-profit agency licensed and funded by the New York State Office of Alcohol and Substance Abuse Services, in conjunction with Suffolk County and the Town of Huntington, as well as a part of the Huntington Youth Bureau Youth Development Research Institute, Inc. We offer individual, group, and family counseling to individuals who are abusing substances, those who are at risk of becoming drug involved, and their families.

### **Eligibility**

Any individual (age 12 or older) who lives within the Huntington Township can access the service. Eligible individuals must be at risk to begin substance use, actively using substances, or referred by probation, parole, TASC, etc.

### **Fees**

Youth: Services for youth ages 12-18 are free of charge.

Adults: Services for adults 18 and older receiving Medicaid is billable. Adults who do not receive Medicaid will be given affordable fees according to a sliding scale based on their ability to pay for services. Individual and group fees are charged at a separate rate. Some insurance is accepted.

Intake Fee: There is a \$50 Assessment Fee for all adult services.

### **Services**

**Assessment:** Assess the extent of substance use/abuse and determine the appropriate treatment options and/or referral.

**Treatment:** Helping clients to recognize and address their substance use in a supportive environment.

**Psycho-Education Series:** A twelve-week education series on substance use/abuse and other related topics.

**Counseling:** We offer individual, group, couple, and family therapy for youth and adults.

**Prevention:** Helping those who are at risk to use substances through informational sessions and presentations throughout the community.

**Urinalysis/Oral Swab:** An inexpensive test that determines whether substances have been used to monitor treatment.

**Breath-a-lyzer:** A free test to determine alcohol use in selected clientele.

**Referrals:** Referrals are made when appropriate to other service providers for specified treatment concerns.



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## **Alternatives for Youth (AFY)**

Suffolk County's AFY program provides intervention to families seeking PINS (Person in Need of Supervision) services due to adolescent behavioral problems in the home. If an adolescent is identified as a substance abuser, our staff is trained to treat the entire family to discuss their needs, identify family strengths, and develop a treatment plan to assist the adolescent in attaining and maintaining sobriety.

## **Parent Support Group**

This group provides support to parents of At-Risk/Addicted Adolescents to appropriately respond to their child's behavior. This group helps parents gain mutual support and feedback, as well as discuss ongoing issues in a safe, confidential environment. Parents are provided with educational resources as well as local treatment resources in their community.

## **Parent Education Program**

This group addresses parenting skills that can be adapted to fit various family situations. Participants acquire several skills including methods to enhance parent-child relationships, utilizing Behavior Modification techniques, gaining an understanding of the developmental stages of emotional growth, and improving problem solving and positive communication skills. Parents also gain an understanding of addiction as a family disease and learn methods of explaining addiction to their children.

## **Tobacco Cessation Program**

This presentation provides participants with information regarding the health risks of using tobacco products as well as an overview of addiction and chemical dependency. Participants are given information regarding tactics to quit and abstain from using tobacco products as well as the opportunity to refer themselves to receive free counseling in their recovery process. Participants also become eligible to receive Nicotine Replacement Therapy.

## **The Women's Group**

This group offers a caring and supportive atmosphere where members share the many challenges they face in their recovery and their daily lives. The women explore issues related to substance use, parenting, childcare, relationships, and hardships.

## **Relapse Prevention Group**

This group is dedicated to the treatment of patients in the early, middle, and late stages of recovery. The staff offer diverse strategies and treatment planning that empower the participants with the necessary information and education to overcome the disease of addiction and manage and maintain a sober lifestyle.

## **Anger Management**

This group provides participants with techniques that enable them to vent anger appropriately and understand concepts of domestic violence. Participants gain understanding of issues of power and control, time out strategies, improving relationship skills, accepting responsibility for their behaviors, and learning appropriate communication skills. Participants gain an understanding of

anger as an addiction and the dynamics between substance abuse and angry behavior.

## **Spanish Services**

We offer services in Spanish language consisting of individual counseling sessions, drug education group, and recovery support group for individuals with alcohol/drug problems.

*Ofrecemos servicios para la recuperacion de problemas de drogas y/o alcohol. Estos servicios incluyen sesiones de consejeria individual, grupos de apoyo para la recuperacion y prevencion de la recaida y una serie educative de doce semanas sobre los efectos daninos del abuso de sunstancias en el cerebro y el cuerpo humano.*

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***For more information regarding our treatment services, please contact our Intake Coordinator to schedule an assessment appointment.***