

**Huntington  
Drug & Alcohol  
Counseling/Education  
Center**

**Prevention  
Services**



***Healthy Choices,  
Healthy Minds.***

**423 Park Avenue**

**Huntington, NY 11743**

**Tel: 631.271.3591**

**Email: [dnaprevention@yahoo.com](mailto:dnaprevention@yahoo.com)**

*The Huntington Drug & Alcohol  
Counseling /Education Center is a program  
of the Huntington Youth Bureau Youth  
Development Research Institute, Inc.  
Funded by: NYS Office of Alcohol and  
Substance Abuse Services, Suffolk County,  
and the Town of Huntington.*

**Huntington Drug & Alcohol  
Counseling/Education Center**

Huntington Youth Bureau, 3rd Floor  
423 Park Avenue  
Huntington, NY, 11743

Phone: 631.271.3591  
Fax: 631.271.5497  
<http://town.huntington.ny.us>  
Email: [dnaprevention@yahoo.com](mailto:dnaprevention@yahoo.com)

**Our Mission:** *To provide comprehensive prevention and education services to youth and adults.*

**Prevention Services**

The main objective of the Huntington Drug & Alcohol Prevention Services is to provide age appropriate developmental concepts that educate students on various health-related topics. Selected techniques and an interactive educational approach are used in a group setting to help facilitate learning and discussion on various issues such as communication skills, teamwork, behavior modification, conflict resolution, and substance abuse. Research indicates that such programs empower students to effectively manage family, social, and personal issues.

The Huntington Drug & Alcohol Prevention Services staff provide programs that emphasize the acquisition of life skills and present students with opportunities to raise awareness within their school and community. This includes the harmful effects of drugs, alcohol, and tobacco use along with the nature of addiction and dependency.

# Huntington Drug & Alcohol Counseling/Education Center

## Prevention Programs

### **CHOICES**

Developed by Suffolk County, CHOICES is a life skills program designed to help students make healthy decisions. This 10 session program helps students to learn about self esteem, problem solving, substance abuse, and self-discovery. (grades 4,5)

### **All About Me**

Participants receive character education in areas such as decision making, conflict resolution, and making positive choices. (grades 2,3)

### **Nicotine Dependency**

This presentation provides participants with information regarding the health risks of using tobacco products as well as an overview of addiction and chemical dependency. Current tobacco users can also join a Tobacco Cessation group through which they can refer themselves to receive free counseling and assistance in their attempt to abstain from using tobacco products.

### **Mentorship Program**

Students are selected by school officials to attend this program to learn to help their peers develop positive attitudes towards their school. Students participate in activities that increase their awareness about issues that face today's teens and ways in which they can work to create a safer, more productive school environment. (grades 7-8, 9-12)

### **Volcano Group**

Participants in the program gain character education in the area of anger management. Students learn coping skills, improve communication skills, and develop productive ways to deal with anger while learning about their own emotions. (grades 6-8, 9-12)

### **Information Sessions**

The Prevention staff is available to attend various health fairs and community activities where students will have the opportunity to receive information on health-related topics and the resources that the Drug and Alcohol Project offers to Huntington Residents.

### **Spring Fever Education**

This presentation focuses on the dangers of drugs and alcohol during the prom and graduation season. Students are presented with information to help prevent against drinking and driving, date rape, and recreational drug use and to ensure their prom weekend is safe and memorable. (grades 11,12)

### **Drug Education**

Participants receive a one-time overview of various types of drugs and the side effects associated with each. The presentation also includes a Drug Jeopardy game during which participants test their knowledge. (grades 7-8, 9-12)

### **Substance Abuse Presentations**

This presentation gives an overview of substance abuse. Participants learn about the dangers of drug and alcohol abuse, including addiction, overdose and binge drinking. This presentation is designed to reinforce the perspective that drug abuse and chemical dependency can happen to anyone. (grades 7-8, 9-12)

### **DWI Prevention**

Participants are presented with information regarding the effects of drinking alcohol on the mind and body. Participants learn about the impairment of alcohol on an individual's mental and physical functioning and are presented with several real-life situations that involved drinking and driving as well as statistics reinforcing the presented material.

*All presentations are free and tailored to meet the needs of the age group. If you are interested in these or other presentations, please contact the Prevention Services staff at the Huntington Drug & Alcohol Project.*

### **Treatment Services**

Huntington Drug & Alcohol offers a wide range of treatment services to individuals and families who abuse or are addicted to alcohol and/or drugs. For more information regarding our treatment services, please contact our Intake Coordinator to schedule an assessment appointment.