The Huntington Drug & Alcohol Counseling /Education Center is a program of the Huntington Youth Bureau Youth Development Research Institute, Inc. Funded by: NYS Office of Alcohol and Substance Abuse Services, Suffolk County, and the Town of Huntington.

## Huntington Drug & Alcohol Counseling/Education Center

Huntington Youth Bureau, 3rd Floor 423 Park Avenue Huntington, NY, 11743

Phone: 631.271.3591 Fax: 631.271.5497 Web: hybydri.org/D&A

# Huntington Drug & Alcohol Counseling/Education Center

# Treatment Services

# Professional Services for the Huntington Community

423 Park Avenue Huntington, NY 11743 Tel: 631.271.3591 Fax: 631.271.5497 Hours of Operation: Monday-Thursday, 9am-9pm Friday 9am-7pm

# **Our Mission:** To provide comprehensive prevention, education, and treatment services to youth and adults.

The Huntington Drug & Alcohol Counseling Center is a state licensed, outpatient chemical dependency treatment prevention provider. We are a private, not-for-profit agency licensed and funded by the New York State Office of Alcohol and Substance Abuse Services, in conjunction with Suffolk County and the Town of Huntington, as well as a part of the Huntington Youth Bureau Youth Development Research Institute, Inc. We offer individual, group, and family counseling to individuals who are abusing substances, those who are at risk of becoming drug involved, and their families.

# Eligibility

Any individual (age 12 or older) who lives within the Huntington Township can access the service. Eligible individuals must be at risk to begin substance use, actively using substances, or referred by probation, parole, TASC, etc.

# Fees

Youth: Services for youth ages 12-18 are free of charge.

- Adults: Services for adults 18 and older receiving Medicaid is billable. Adults who do not receive Medicaid will be given affordable fees according to a sliding scale based on their ability to pay for services. Individual and group fees are charged at a separate rate. Some insurance is accepted.
- Intake Fee: There is a \$50 Assessment Fee for all adult services.

# Services

**Assessment**: Assess the extent of substance use/abuse and determine the appropriate treatment options and/or referral.

**Treatment:** Helping clients to recognize and address their substance use in a supportive environment.

**Family Support:** Provides family members group support and education to better their understanding of the nature of addiction as it affects their children and family.

**Psycho-Education Series:** A twelveweek education series on substance use/ abuse and other related topics.

**Counseling:** We offer individual, group, couple, and family therapy for youth and adults.

**Prevention:** Helping those who are at risk to use substances through informational sessions and presentations throughout the community.

**Urinalysis/Oral Swab:** An inexpensive test that determines whether substances have been used to monitor treatment.

**Breath-a-lyzer:** A free test to determine alcohol use in selected clientele.

**Referrals:** Referrals are made when appropriate to other service providers for specified treatment concerns.

# Huntington Drug & Alcohol Counseling/Education Center Treatment Services

# Alternatives for Youth (AFY)

Suffolk County's AFY program provides intervention to families seeking PINS (Person in Need of Supervision) services due to adolescent behavioral problems in the home. If an adolescent is identified as a substance abuser, our staff is trained to treat the entire family to discuss their needs, identify family strengths, and develop a treatment plan to assist the adolescent in attaining and maintaining sobriety.

# **Parent Support Group**

This group provides support to parents of At-Risk/Substance Abusing Adolescents to appropriately respond to their child's behavior. This group helps parents gain mutual support and feedback, as well as discussing ongoing issues in a safe, confidential environment. Parents are provided with educational resources, as well as local treatment resources in their community.

# **Psycho-Educational Series**

This is a 12 week series that educates clients on a variety of issues related to substance use, psycho-pharmacology, and drugs of abuse. The format is in a group setting. All new clients are required to attend as part of the admission into treatment. Clients gain an understanding of the process of addiction, as well as helpful information about drugs of abuse and how they interact with the body, family and society.

## **Tobacco Recovery Program**

This presentation provides participants with information regarding the health risks of using tobacco products, as well as an overview of addiction and chemical dependency. Participants are given information regarding tactics to recovery and abstain from using tobacco products, as well as the opportunity to refer themselves to receive free counseling in their recovery process. Participants are also eligible to receive free Nicotine Replacement Therapy.

# **Relapse Prevention Group**

This group is dedicated to the treatment of patients in the later stages of recovery. The staff offer diverse strategies and treatment planning that empower the participants with the necessary information and education to overcome the disease of addiction and transition to manage and maintain a sober lifestyle.

# **Periodic Specialty Groups**

These groups are based on the needs of the clients that are currently being served. There is a Stages of Change group which encourages the client to gain a better understanding of the addiction process through peer discussion and participation. There is a Latino Recovery group, for the Spanish speaking population, that offers support to those in treatment and help with their sobriety. Other various groups are designed as needed to help in the aid and recovery of the clients, such as; managing anger and specialty women's groups.

# Spanish Services/Bi-lingual

We offer services in Spanish, consisting of individual counseling sessions, a drug education group, and a recovery support group for individuals with alcohol/drug problems.

Ofrecemos servicios para la recuperacion de problemas de drogas y/o alcohol. Estos servicios incluyen sesiones de consejeria individual, grupos de apoyo para la recuperacion y prevencion de la recaida y una serie educativa de doce semanas sobre los efectos dañinos del abuso de sunstancias en el cerebro y el cuerpo humano.

For more information regarding our treatment services, please contact our Intake Coordinator to schedule an assessment appointment.