

**Huntington
Drug & Alcohol
Counseling/Education
Center**

**Prevention
Services**



***Healthy Choices,
Healthy Minds.***

423 Park Avenue

Huntington, NY 11743

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Hours of Operation:

Monday-Friday 9am-5pm

The Huntington Drug & Alcohol Counseling /Education Center is a program of the Huntington Youth Bureau Youth Development Research Institute, Inc. Funded by: NYS Office of Alcohol and Substance Abuse Services, Suffolk County, and the Town of Huntington.

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Our Mission: *To provide comprehensive prevention and education services to youth and adults.*

**Huntington
Drug & Alcohol
Counseling/Education
Center**

The Huntington Drug & Alcohol Counseling/Education Center is a state licensed, non-profit outpatient chemical dependency treatment prevention provider. We offer services to those who are abusing substances, those who are at risk of becoming drug involved, and their families. This agency's mission is to provide comprehensive prevention, education, and treatment services to youth and adults.

Prevention Services

The main objective of the Huntington Drug & Alcohol Prevention Services is to provide age appropriate developmental concepts that educate students on various health-related topics. Selected techniques and an interactive educational approach are used in a group setting to help facilitate learning and discussion on various issues such as communication skills, teamwork, behavior modification, conflict resolution, and substance abuse. Research indicates that such programs empower students to effectively manage family, social, and personal issues.

The Huntington Drug & Alcohol Prevention Services staff provide programs that emphasize the acquisition of life skills and present students with opportunities to raise awareness within their school and community. This includes the harmful effects of drugs, alcohol, and tobacco use along with the nature of addiction and dependency.

Huntington Drug & Alcohol Counseling/Education Center Prevention Programs

CHOICES

Developed by Suffolk County, CHOICES is a life skills program designed to help students make healthy decisions. This 10 session program helps students to learn about self esteem, problem solving, substance abuse, and self-discovery. (grades 2, 4, 5)

Life Skills Training

A comprehensive, evidence-based curriculum that addresses the most important factors leading to adolescent substance use. This 8 session program teaches a combination of health information, general life skills, and drug resistance skills. (grades 3-6)

Project ALERT

A nationally recognized, evidence-based substance abuse prevention program that give students insight, understanding, and actual skills for resisting substance use. This 10 lesson curriculum promotes overall wellness through self-efficacy and building resistance skills. (grades 7, 8)

Too Good For Drugs

An evidence-based program that provides students with the knowledge, skills, and attitudes they need to make healthy decisions and avoid drug use. This 10 lesson program uses strategies and teaches key behavioral skills, such as goal setting and making good decisions, which will contribute to their overall health and well-being. (grades 2-6)

Too Good For Violence

This evidence-based program focuses on risk factors that can be positively affected in the classroom: poor social skills, peer rejection, and inappropriate social behaviors. The engaging 9 lessons help promote personal and interpersonal skills, empathy and also targets bullying prevention. (grade 7)

Teen Intervene

A tested, time-efficient, evidence based program for teens suspected of experiencing mild or moderate problems associated with alcohol or other drug use. The program integrates stages of change theory, motivational interviewing and cognitive therapy. Individualized goals and personalized feedback, allow the treatment to be specifically designed to meet the student's needs. (grades 6-12)

Drug Education

Participants receive a one-time overview of various types of drugs and the side effects associated with each. The presentation also includes a Drug Jeopardy game during which participants test their knowledge. (grades 7-12)

Substance Abuse Presentations

This presentation gives an overview of substance abuse. Participants learn about the dangers of drug and alcohol abuse, including addiction, overdose and binge drinking. This presentation is designed to reinforce the perspective that drug abuse and chemical dependency can happen to anyone. (grades 7-12)

Information Sessions

The Prevention staff is available to attend various health fairs and community activities where students will have the opportunity to receive information on health-related topics and the resources that the Drug and Alcohol Project offers to Huntington Residents.

DWI Prevention

Participants are presented with information regarding the effects of drinking alcohol on the mind and body. Participants learn about the impairment of alcohol on an individual's mental and physical functioning and are presented with several real-life situations that involved drinking and driving. (grades 9-12)

All presentations are free and tailored to meet the needs of any age group. If you are interested in these or other presentations, please contact the Prevention Services staff at the Huntington Drug & Alcohol Project.

Treatment Services

Huntington Drug & Alcohol offers a wide range of treatment services to individuals and families who abuse or are dependent on alcohol and/or other drugs. For more information regarding our treatment services, please contact our Intake Coordinator to schedule an assessment appointment.